



Fertility Care and Emotional Wellbeing

CLINICAL PROFESSIONAL RESOURCE



Acknowledgements



corporate.communications@rcn.org.uk

RCN Legal Disclaimer

© 2023 Royal College of Nursing. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means electronic, mechanical, photocopying, recording or otherwise, without prior permission of the Publishers. This publication may not be lent, resold, hired out or otherwise disposed of by ways of trade in any form of binding or cover other than that in which it is published, without the prior consent of the Publishers.

Con en

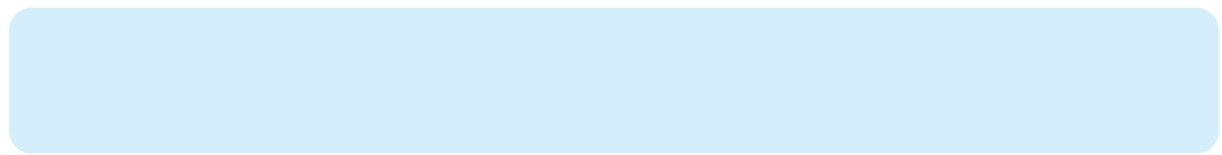
1. Introduction	4
2. Recognising the need for emotional support	5
3. Emotional support after confirmation of a pregnancy following fertility treatment	8
4. The impact of repeated cycle failure – being childless not by choice	9
5. The role of the counsellor	10
6. Emotional support and diversity	12
Conclusion	13
References	14
Further support	15

Notes:

2. Recognising the need for emotional support

hfea.gov.uk/about-us/publications/research-and-data/national-patient-survey-2021

Support for nursing teams



Psychological effects of having problems with fertility

Further support

Reference

baby

Reducing Multiple Births: giving patients the best chance of a healthy

Where a woman and her partner have suffered a loss, further support is available from a range of organisations:

ARC Antenatal Results and Choices
www.arc-uk.org

Miscarriage Association
miscarriageassociation.org.uk

The Elizabeth Bryan Multiple Births Centre (EBMBC)

www.bcu.ac.uk/health-sciences/research/centre-for-social-care-health-and-related-research/research-clusters/ebmbc

The Ectopic Pregnancy Trust
ectopic.org.uk

RCN quality assurance

Publication

Description

Publication date: September 2023 Review date: September 2026

The Nine Quality Standards

publicationsfeedback@rcn.org.uk

