

## What is a healthy workplace?

In a healthy workplace, employees can expect fair pay and rewards, work-life balance and dignity at work.

In healthy workplaces, employers actively protect employees' health and safety and provide access to learning and development opportunities.

## Why is it important?

A positive working environment in health and social care benefits not only staff but patients. Creating the best possible working conditions for nursing staff enables them to deliver the highest standards of patient care.

Healthy working environments also supports the recruitment and

retention of staff, reduces sickness absence costs and subsequent agency spend.

## What is the RCN doing?

We are calling on health and social care employers to recognise and act on the evidence linking healthy workplaces and staff health and wellbeing with improved patient experiences. We want all health and social care employers to value and invest in the nursing workforce and provide them with healthy workplaces, allowing them to care for their patients in a safe and compassionate manner.

This booklet details the calls that RCN is making to employers.











