

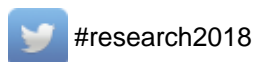


# RCN International Nursing Research Conference and Exhibition 2018

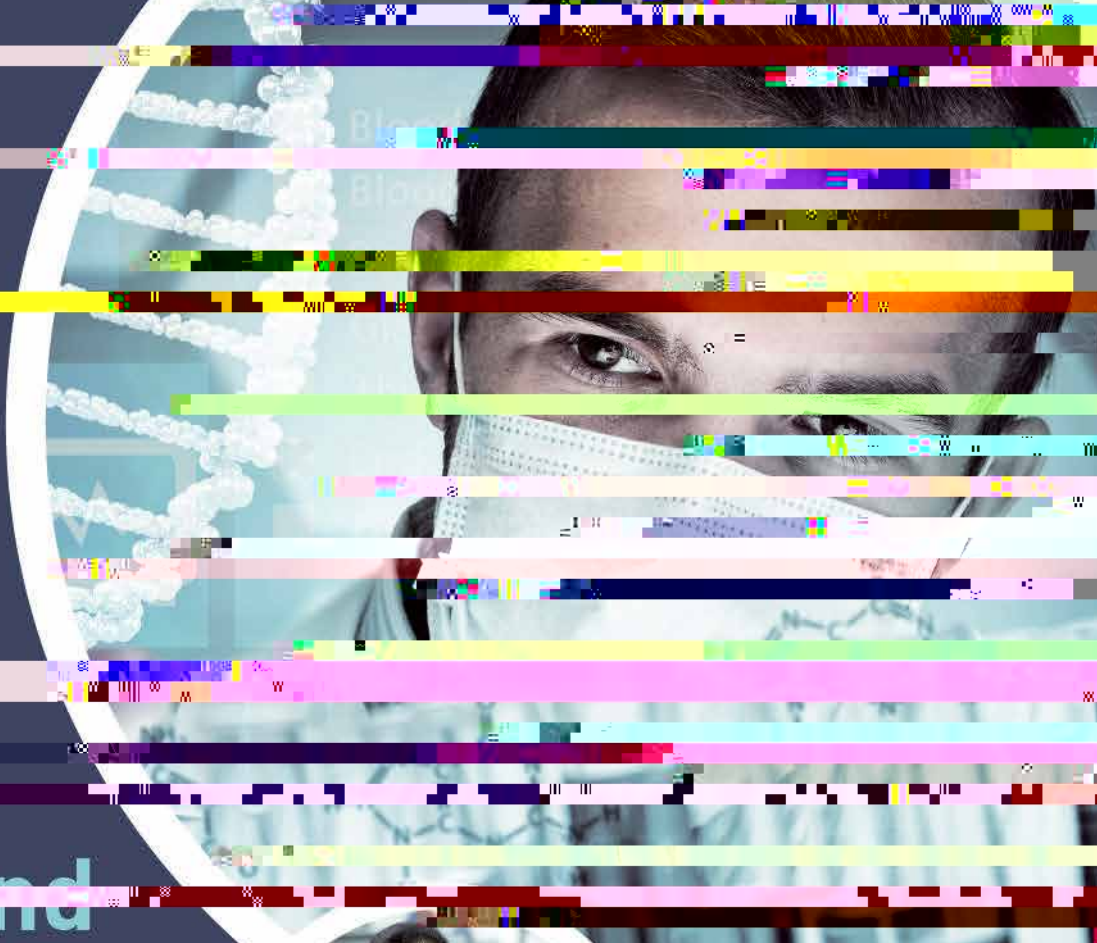


# Conference

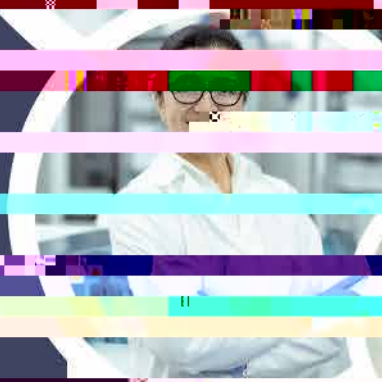
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Welcome	5
Acknowledgements and thanks	6



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Royal College  
of Nurses



It is with great pleasure that we welcome you to the 2018 RCN International Nursing Research Conference in Birmingham. Our aim is to provide an event for sharing and discussing research that has international relevance to both nursing and wider health care provision.

Each day comprises a mix of keynote speakers, concurrent sessions, posters and symposia. Hosted 'walking tours' of the posters are featured during the lunchtimes and a number of fringe/networking events will also be held during the conference. Please participate in all the

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A high number of abstracts were received for this year's event, which presented challenges in

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Panel, who undertook these reviews in a timely and professional manner. We hope the

RXWFRPH RI WKHVH UHYLHZV DQG WKH SURJUDPPH SODQQQLQJ

Committee provide you with a lively and thought-provoking programme.

The full book of abstracts can be downloaded to your device or viewed online at

[www.rcn.org.uk/research18](http://www.rcn.org.uk/research18)

Exhibition

\$Q H[KLELWLRQ ZLOO DFFRPSDQ\ WKLW HYHQW 3OHDVH PDNH

LQÀXHGFHV WKH GHFLVLRQ WR H[KLELW LQ WKH IXWXUH

Evaluation



## RCN Research Society Steering Committee

Chair, Professor Ruth Northway OBE, FRCN, PFHEA, Professor of Learning Disability Nursing, University of South Wales, Pontypridd, UK

Professor Daniel Kelly FRCN, Professor of Nursing Research, School of Nursing and  
0 L G Z L I H U \ 6 W X G L H V & D U G L c 8 Q L Y H U V L W \ 8 .

Professor Ruth Harris, Professor of Health Care for Older Adults, King's College London, UK

Professor Bridie Kent, Interim Executive Dean, Faculty of Health & Human Sciences, Plymouth University, UK

Dr Julie McGarry, Associate Professor and



## Conference registration and enquiries

The registration and enquiries desk is

[Redacted]

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## Internet/Wi-Fi

The venue has a free delegate Wi-Fi network for web browsing, checking emails and social media.

Guest Wi-Fi access instructions

- Connect to the network 'WiFiGuest'
- Open a browser, go to 'service.thecloud.net'
- Select 'Get online at Edgbaston campus'
- Follow on-screen instructions, either create an account or log on with existing details

## Electronic devices

Out of courtesy to others, delegates are all electronic devices during conference sessions.

RU VHW WR VLOHQW

## Catering

All refreshments and lunches will be served (accessed from the Common Room). Evening meals are not included in the conference fees.

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## Cloakroom

A cloakroom will be available for use during the conference.

## Continuing Professional Development

The Royal College of Nursing believes in lifelong learning and actively promotes the continuing professional development of all nurses. Authorised Royal College of

issued to all participants. This event is also

framework. You should log what you have learnt at this event using the framework for

personal professional portfolio.

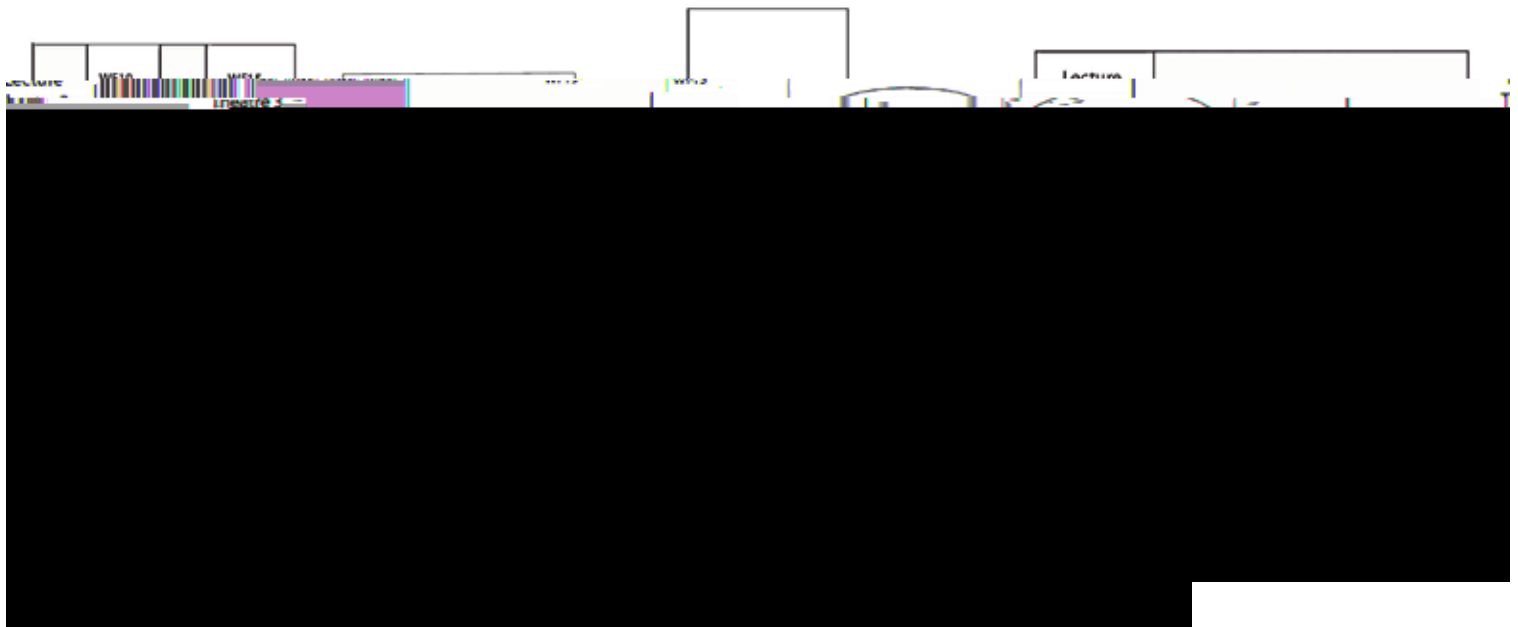
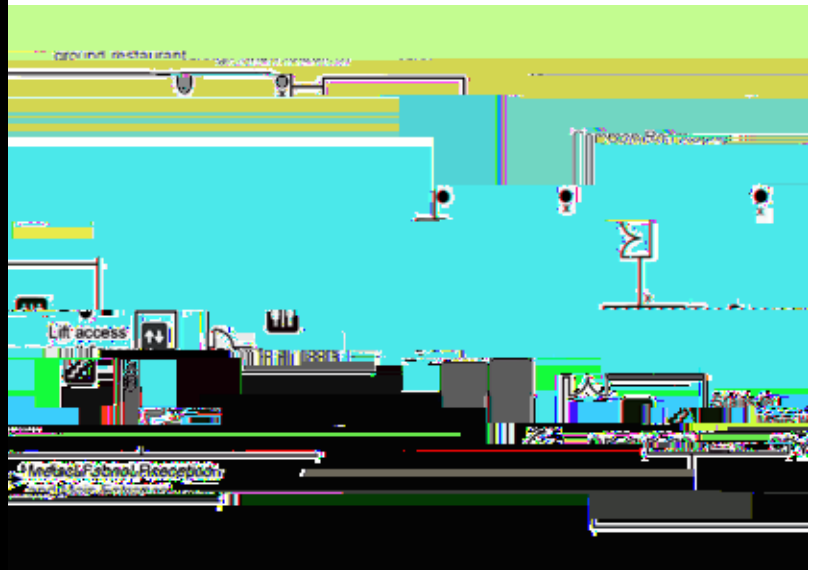
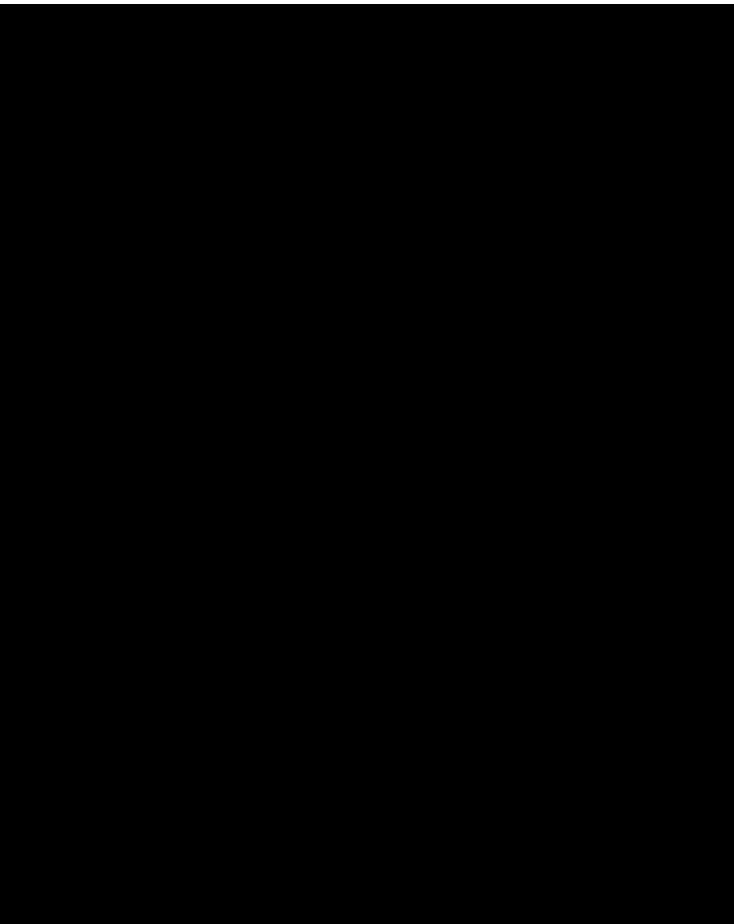
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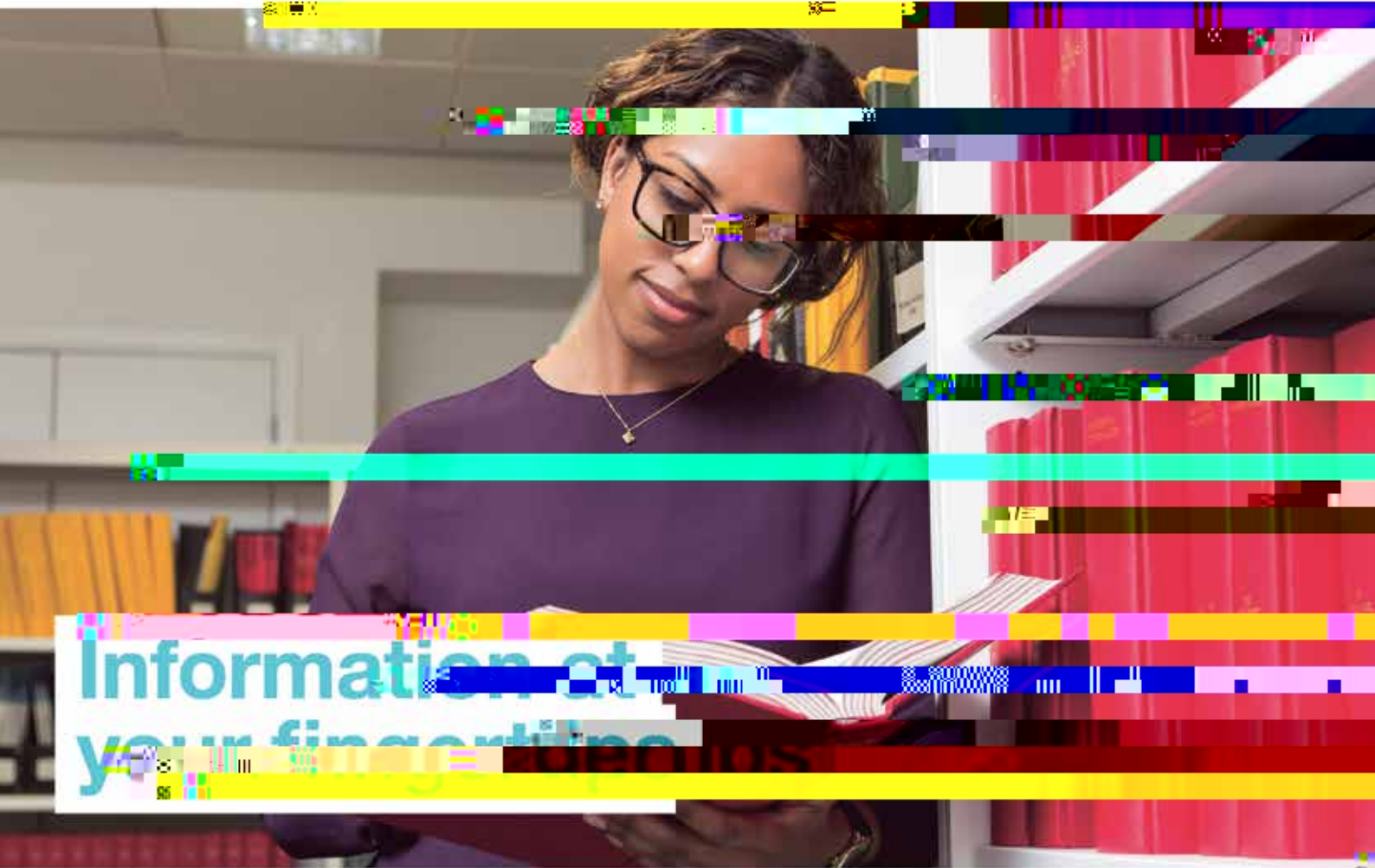
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# Programme: Monday 16 April 2018

1-1.55pm Lunch, exhibition viewing, poster judging and viewing  
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1.55-3.20pm Concurrent papers and ViPERS

## Session 2

	1.55-2.20pm	2.25-2.50pm	2.55-3.20pm
2.1 Room: WF19 Theme: Older people Method: Mixed Approaches Chair: Ruth Northway	2.1.1 Abstract number 147 <b>A quasi-experimental study of</b> L Q G L Y L G X D O V S H F L ¿ F U H P 'U (O L J D E H W K / D L U G 8 O V W H U Kingdom	2.1.2 Abstract number 168 <b>Falls and falls prevention in</b> te Q e M i l l a o e r p e r s p e c t i v e s o f <b>older people across two continents</b> 'U 7 H V V D : D W W V 6 Z D Q V H D 8 Q Kingdom	2.1.3 ViPER Abstract number 87 <b>Uncertainty and unplanned hospital</b> <b>readmissions among older adults -</b> <b>exploring a concept in context</b> E r i n h P a s t o r e B l a k e L O x i n g A H R , O x f o r d % U R R N H V 8 Q L Y H U V L W \ 8 Q L W H G
2.2 Forum Lecture Theatre Theme: Critical Care Review Method: Qualitative Chair: Julie Sanders	2.2.1 Abstract number 113 <b>Hyper acute stroke: the specialist</b> <b>nursing impact. Exploring feelings</b> <b>of secondary traumatic stress. A</b> <b>qualitative enquiry</b> 0 D U N : L O N L Q V R Q 5 R \ D O / L Y H U S R R O D Q G % U R D G J U H H Q 8 Q L Y H U V L W \ + R V Kingdom	2.2.2 Abstract number 19 <b>Critical care outreach: a Cochrane</b> <b>systematic review update</b> 'U - H Q Q L I H U 0 F * D X J K H \ 4 X H H Q % H O I D V W 8 Q L W H G . L Q J G R P	2.2.3 Abstract number 277 <b>Challenges to person-centred</b> <b>practice in critical care: nursing</b> <b>perspectives</b> 'U 3 D P H O D 3 D J H \$ Q J O L D 5 X V N L 8 Q L W H G . L Q J G R P
2.3 Room: CPD 5 Theme: Sensitive Research Method: Qualitative Chair: Katie Pybus	2.3.1 Abstract number 282 <b>Getting close enough to smell the</b> <b>real with psychosocial, visual and</b> <b>longitudinal narrative research:</b> <b>implications for research and</b> <b>practice</b> 6 X V L H 3 H D U F H 3 O \ P R X W K 8 Q L Kingdom	2.3.2 ViPER Abstract number 184 <b>Development of a comparative</b> <b>analytic framework for assessing</b> <b>and evaluating research tools on</b> <b>sensitive issues</b> 5 D ¿ \ D K . K D Q 8 Q L Y H U V L W \ R I % Q L W H G . 8 Q L W H G	2.3.3 Abstract number 145 <b>Giving voice - the use of audio-</b> <b>recorded diaries as a data collection</b> <b>method within a phenomenological</b> <b>study</b> % I R U L F O J W W S R Q P % P U P G Q J O G D R B L 8 Q L W H G 8 Q L W H G 8 Q L W H G B a A v ' ' € ' P E R
2.4 Room: WF15 Theme: Education Method: Qualitative Chair: Michael Traynor	2.4.1 Abstract number 198 <b>The impact on nurse assessors of</b> <b>conducting assessments in clinical</b> <b>settings</b> 'U 6 X V D Q \$ U P V W U R Q J 8 Q L Y U : L W Z D W H U V U D Q G - R K D Q Q H V E 8 0 4 6 R X W K \$ I U L F D	2.4.2 Abstract number 16 <b>Do I tell my mentor? The mentor-</b> <b>student dynamic in raising concerns</b> <b>in clinical practice</b> Method: Qualitative Chair: Michael Traynor	5 minutes transition break
	5 minutes transition break	5 minutes transition break	





## Fringe event 2 – Room: WF15

### Widening the possibilities for research dissemination

Dr Caroline Shuldham, 5&1L (GLWRULDO \$GYLVRU\ %RDUG 8QLWHG .LQJGRP	\$ NH\ SDUW RI UHVHDFK LV WR GLVVHPLQDWH ¿QGLQJV LQIRUP RWKHU QXUVHV
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Fringe event 6 – Room: WF19

Enabling ethnography

Dr Gary Mitchell,  
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Ethnography is a qualitative methodology which helps the researcher generate descriptions of people in their natural environment, with a focus on routine activities and customs in that culture. In health care settings ethnography is often about researchers gathering data through methods such observation and the questioning of participants. Ethnographers often spend large amounts of time in

# Programme: Wednesday 18 April 2018

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8.30-8.55am Registration, refreshments, exhibition viewing and poster set-up  
Common room

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9-9.05am Chairs' welcome and introduction to conference day three  
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11.15am-12.40pm Concurrent papers

## Session 8

	11.15-11.40am	11.45am-12.10pm	12.15-12.40pm
8.1 Forum Lecture Theatre Theme: Workforce Chair: Donna Kinnair	8.1.1 Abstract number 68 Being sick of work leads to being sick R c ZRUN Professor Austyn Snowden, Edinburgh 1 DSLHU 8 QLYHUVLW\ 6FRW O D Q S P D C Q L O D H E G X C O O L Y K I U V L W \ R I + H U W I R U G B Q K M U H G . L Q J G R P 3 U L Q Q H W W G . L Q J G R P 1 R X U E K Q W \$ E G X O U D K P D O X 8 Q L Y H U V L W \ \$ U E L D	8.1.2 Abstract number 195 Workplace stress amongst nurses in paediatric intensive care units in Saudi Arabia Q S P D C Q L O D H E G X C O O L Y K I U V L W \ R I + H U W I R U G B Q K M U H G . L Q J G R P 3 U L Q Q H W W G . L Q J G R P 1 R X U E K Q W \$ E G X O U D K P D O X 8 Q L Y H U V L W \ \$ U E L D	8.1.3 Abstract number 243 Exploring resilience of contemporary nursing roles in Wales: a mixed methods study - XGLWK %HQERZ &DUGLc 8 QLYHUVLW\ Q Q H W W G . L Q J G R P
8.2 Room: LT3 Theme: Workforce Method: Qualitative Chair: Ann McMahon	8.2.1 Abstract number 131 Resilience Challenge: using an evidence-based video game as a U H A H [ L Y H W R R O L Q F O L Q L F D R O X U S S F R L W H K H D O W K F D U Jennifer Jackson, King's College London, 8 Q L W H G . L Q J G R P	8.2.2 Abstract number 118 Schwartz Center Rounds: a UK evaluation of a complex intervention for compassionate care - L O O O D E H Q 8 Q L Y H U V L W \ R I 6 X U R W H K O Q S W R Q 8 Q L W H G . L Q J G R P	8.2.3 Abstract number 203 A grounded theory of courage in nursing: a complex, multi layered phenomenon p h e n o m e n o n G H O L Y H U L R Q D % D U F K D U G 7 K H 8 Q L Y H U V L W \ X U R W H K O Q S W R Q 8 Q L W H G . L Q J G R P
8.3 Room: WF19 Theme: Child Health Method: Mixed Methods Chair: Rachel Taylor	8.3.1 Abstract number 83 Experiences of school nurses on guiding adolescents on their decision-making about reproductive health in Nigeria ' U \$ E D \ R P L 2 J X Q \ H Z R 8 Q L Y H U V L W \ R I 6 X U R W H K O Q S W R Q 8 Q L W H G . L Q J G R P	8.3.2 Abstract number 293 Age-appropriate care for teenagers and young adults with cancer 6 D U D K / H D 8 Q L Y H U V L W \ & R O O H L F W R O G R D Q Q ) O L Q G H U V 8 Q L Y H U V L W \ R I 6 X U R W H K O Q S W R Q 8 Q L W H G . L Q J G R P	8.3.3 Abstract number 112 From the mouths of babes: researching with, not on children 3 K L O L S ' D U E \ V K L U H 0 R Q D V K 8 Q L Y H U V L W \ R I 6 X U R W H K O Q S W R Q 8 Q L W H G . L Q J G R P
8.4 Room: WF15 Theme: Education Method: Mixed Methods Chair: Bridie Kent	8.4.1 Abstract number 260 Prior care experience as prescription for nursings caring and compassionate ills: weighing up the E H Q H \ W V U L V N V D Q G V L I S T I O N B R E A K ' U 6 D U D K \ L H O G 5 L F K D U G V 1 R W W L Q J K D P 8 Q L W H G . L Q J G R P	8.4.2 Abstract number 244 Evaluation of availability and quality of tools in assessing self-directed learning readiness in nursing: a systematic review P r o f e s s o r M u W i k u i R a m a s a m y B H Q N D W D V D O X 8 Q L Y H U V L W \ R I 6 X U R W H K O Q S W R Q 8 Q L W H G . L Q J G R P	8.4.3 Abstract number 9 Interprofessional learning - evaluation of a large-scale initiative ' U - R D Q 0 D F O H D Q 8 Q L Y H U V L W \ R I 6 X U R W H K O Q S W R Q 8 Q L W H G . L Q J G R P
8.5 Room: CPD6 Theme: Research Participation Method: Mixed Methods Chair: Julie Sanders	8.5.1 Abstract number 261 Patient experience of trial participation: implications for nursing & O D U H : D U Q R F N : H V W R Q 3 D U N P a r t i c i p a n t v e r y o u n g 6 K H d H O G 7 H D F K L Q J + R V S L W D O X 8 Q L W H G . L Q J G R P	8.5.2 Abstract number 253 All for one and one for all: positive impact of the Musketeers Memorandum Consortium on participant recruitment for a rare disease study 0 D J G D O H Q D 0 D U W L * X N \ V 4 D I G S R 6 W 7 K R P D V \ 1 + 6 ) R X Q Q 8 Q L W H G . L Q J G R P	8.5.3 Abstract number 56 Involving people living with dementia in research: collaboration and facilitation . D W L H ' D Y L V 8 Q L Y H U V L W \ R I 6 X U R W H K O Q S W R Q 8 Q L W H G . L Q J G R P
8.6 Room: CPD5 Theme: Innovative Alternative Therapies Method: Mixed Methods Chair: Irene Mabbott	8.6.1 Abstract number 24 The experience of a pet therapy visit on patients in an acute care setting D r A m a n d a C o a k l e y , 0 D V V D F K X V H W W V * H Q H U D O + R V i n m y Z o o , T e n g j i M e d i c a l C o l l e g e , S t a t e s o f A m e r i c a + X D J K R Q J 8 Q L Y H U V L W \ R I 6 X U R W H K O Q S W R Q 8 Q L W H G . L Q J G R P	8.6.2 Abstract number 252 ( d F D F \ D Q G V D I H W \ R I D F X S X Q F W X U H for hypertension: an overview of systematic reviews V i n m y Z o o , T e n g j i M e d i c a l C o l l e g e , + X D J K R Q J 8 Q L Y H U V L W \ R I 6 X U R W H K O Q S W R Q 8 Q L W H G . L Q J G R P	8.6.3 Withdrawn
8.7 Room: CM04 Theme: Health Promotion Method: Quantitative Chair: Debbie Carrick-Sen	8.7.1 Abstract number 157 \$ Q X U V H O H G \ E U R V F D Q R X W M U H H D H F W O L R I L E U L H I L Q W encourages socially deprived heavy drinkers to engage with liver services . D U H Q 0 D W W K H Z V 5 R \ D O , Q \ U ( G L Q E X U J K 6 F R W O D Q G 8 Q L W H G . L Q J G R P	8.7.2 Abstract number 177 in promoting smoking cessation among people attending emergency departments: a randomized controlled trial ' U + R & K H X Q J : L O O L D P / L 7 K H H o n g K o n g , C h i n a	8.7.3 Abstract number 206 A comparison of two approaches (quit immediately and cut down to quit) in achieving smoking abstinence among patients in an outpatient clinic: a randomized controlled trial ' U . D < D Q + R 7 K H 8 Q L Y H U V L W \ R I 6 X U R W H K O Q S W R Q 8 Q L W H G . L Q J G R P

12.45-1.45pm Lunch, exhibition viewing, poster judging and viewing

& R P P R Q U R R P 3 U H V H Q W H U V Z L O O E H D W W K H L U S R V W H U V I U R P r r v r u q S P

1.45-3.15pm Symposia sessions

Symposium 6 – Room: LT3				Abstract number 217
Creative and person-centred approaches for studying health experiences of vulnerable individuals across the lifespan ' U / H V O H \ % D D O O L \ F D W L R Q V / H D G H I R Z S H I Q S B Q C Y H U V L W \				
Paper 1: Child talk: using creative, arts-based methods with F K L O G U H Q X Q G H U 3 U R I H V V R U - D Q H & R 8 Q L Y H U V L W \ 8 .	Paper 2: The challenge of measuring teenage and young adult experience of cancer in a digital era survey ' U 5 D F K H O 0 7 D \ O R U & R / R U Q D \$ ) H U Q - H U H P \ 6 ' J K H O P K o n b e h a l f o f t h e B R I G H T L I G H T 7 H D P 8 Q L Y H U V L W \ & R O O H J H / R Q G R Q H o s p i t a l s N H S F o u n d a t i o n T r u s t , 8 .	Paper 3: Using multiple sensory communication and interview methods for researching experiences of people with deafblindness ' U 5 D F K H O 0 7 D \ O R U & R / R U Q D \$ ) H U Q - H U H P \ 6 ' J K H O P K % D Q N 8 Q L Y H U V L W \ 8 . O O H J H / R Q G R Q	Paper 4: Accessing the 'hidden voices': experiences of recruiting and interviewing within the Bangladeshi community with ankylosing spondylitis D e b b i e C h a g a d a m a , B a r t s + H D O W K / R Q G R Q 8 .	Paper 5: Exploring the lived experience of the individual of Black ethnicity living with dementia: the interview process D r T i r i t e g a M a w a k a , N H S L e w i s h a m C a r e . C o m m i s s i o n i n g G r o u p , / R Q G R Q 8 .

Symposium 7 – Room: Forum lecture theatre

Abstract number 95

Building research capacity in nursing, midwifery and the allied health professions through a dedicated

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Poster tour F  
Theme: Cardiac Care  
Led by: Julie Sanders

Poster number 17 (Abstract number 241)  
Evaluating major trauma patients: comparing the  
younger with the 'older' elderly  
8 Q L W L F D O F D U H D Q G R X W F R P H G L c H U H Q F H V I R U  
8 Q L W H G . L Q J G R P

Poster number 18 (Abstract number 79)  
Using public preferences to quantify the  
burden of travel to specialist vascular centres  
for abdominal aortic aneurysm treatment in  
the UK  
8 Q L W H G . L Q J G R P

Poster number 19 (Abstract number 178)  
Improving a local rapid access chest pain  
clinic through service evaluation  
Kingdom  
8 Q L W H G . L Q J G R P

# Wednesday 18 April 2018

All poster tours will leave from the poster point in the Common room

Poster tours: 1.15-1.40pm

<p><b>Poster tour K</b></p> <p>Theme: Innovative Methods</p> <p>Led by: Ruth Harris</p>	<p>Poster number 34 (Abstract number 197) Does the presence of a tracheostomy determine care costs in a hyper-acute rehabilitation ward? A post hoc analysis of prospectively collected data Rita Santhirajah, London Northwest Healthcare 1+6 7UXVW 8QLWHG .LQJGRP</p> <p>Poster number 35 (Abstract number 185) Mechanisms on discharge planning for adult patients admitted to the medical unit: a service evaluation &amp;KULVWLQH \$QVWH\ 8QLYHUVLW\ RI Kingdom</p> <p>Poster number 36 (Abstract number 232) Human voices in the digital world Professor Carol Haigh, Manchester Metropolitan 8QLYHUVLW\ 8QLWHG .LQJGRP</p> <p>Poster number 37 (Abstract number 133) Methodological considerations, limitations and promises of using focus group data from WZR GLcHUHQW FRXQWULHV 0DPGRRK \$OJ\RRG 2[IRUG %URRNHV Kingdom</p>	<p><b>Poster tour N</b></p> <p>Theme: End-of-Life Care</p> <p>Led by: Anne Topping</p>	<p>Poster number 44 (Abstract number 186) Exploring the quality of the dying and death experience in the emergency department IURP WKH SHUVSHFWLYH RI VWDQGLWV integrative literature review Kay McCallum, OxINMAHR, Oxford Brookes 8QLYHUVLW\ 8QLWHG .LQJGRP</p> <p>Poster number 45 (Abstract number 161) Chinese version of the Patient Dignity Inventory (PDI) among advanced cancer patients in China :X 0HL0L\DQJ +XD]KRQJ 8QLYHUVLW\ RI Technology, China</p> <p>Poster number 46 (Abstract number 180) A prospective research study to investigate the impact of complementary therapies on patient well-being in palliative care %ULDQ 1\DWDQJD 8QLYHUVLW\ RI :RU Kingdom</p> <p>Poster number 47 (Abstract number 105) Palliative care service provision for veterans with non-malignant respiratory disease and their carers in rural America 'U &amp;ODUH 0F9HLJK 4XHHQ\ 8QLYHUVLW\ RI Kingdom</p>
<p><b>Poster tour L</b></p> <p>Theme: Recruitment/ Clinical Trials</p> <p>Led by: Joyce Kenkre</p>	<p>Poster number 38 (Abstract number 223) Aligning patient recruitment with clinical pathways in an observational study in an acute cardiology setting 6WDFH\ 6WHZDUW 8QLYHUVLW\ RI (G 8QLWHG .LQJGRP</p> <p>Poster number 39 (Abstract number 137) Trials of precision medicine - developing our nursing workforce to meet the challenges Sally Anne Pearson, The Leeds Teaching Hospitals NHS 7UXVW 8QLWHG .LQJGRP</p> <p>Poster number 40 (Abstract number 257) The challenges of conducting an RCT in UK peritoneal dialysis units: the STOP study, a prospective, randomised controlled trial to GHWHUPLQH WKH VDIHW\ DQG Hc impregnated tape compared to standard therapy with silver nitrate in the treat 1LFROD \$QGHUVRQ 8QLYHUVLW\ +RV 1+6 )RXQGDWLRQ 7UXVW 8QLWHG .LQJGRP</p>	<p><b>Poster tour O</b></p> <p>Theme: Learning Through Research</p> <p>Led by: Bridie Kent</p>	<p>Poster number 49 (Abstract number 271) "Do not really know how it is, but I KH DU D ORW' D IRFXV JURXS VW experiences, barriers and facilitators of nurses and midwives' in the utilization and implementation of evidence based practice in Brunei hospital settings +MK \$VPDK +M +XVVDLQL 8QLYHUVLW\ Brunei</p> <p>Poster number 50 (Abstract number 238) 3, GHQWLN LW PDNH PH D QXUVH 1 of imagery to inform construction of the professional self -DFTXLH 5LGH 8QLYHUVLW\ RI 1RUW Kingdom</p>
<p><b>Poster tour M</b></p> <p>Theme: Care Homes</p> <p>Led by: Dave O'Carroll</p>	<p>Poster number 41 (Abstract number 128) Optimising dementia care in care homes using digital audits 'U *DU\ 0LWFKHO 4XHHQ\ 8QLYHU Kingdom</p> <p>Poster number 42 (Abstract number 124) Reasoning, reviewing and reducing antipsychotics in care homes using technology 'U *DU\ 0LWFKHO 4XHHQ\ 8QLYHU Kingdom</p> <p>Poster number 43 (Abstract number 129) A review of the literature on restraint in care homes 'U *DU\ 0LWFKHO 4XHHQ\ 8QLYHU Kingdom</p>	<p><b>Poster tour R</b></p> <p>Theme: Learning Through Research</p> <p>Led by: Irene Mabbott</p>	<p>Poster number 61 (Abstract number 319) Comparison of social life and sleeping patterns among eight and twelve hours shift nurses 'U )DULGD +DELE .LQJ 6DXG %LQ \$EG for Health Sciences Saudi Arabia</p> <p>Poster number 62 (Abstract number 322) Violence experienced by preregistration nursing students on clinical placements: systematic literature review 'U 1XWPHJ +DOOHWW 8QLYHUVLW\ RI Kingdom</p>



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