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Title:

Aims

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MRC guidance definition of a complex intervention

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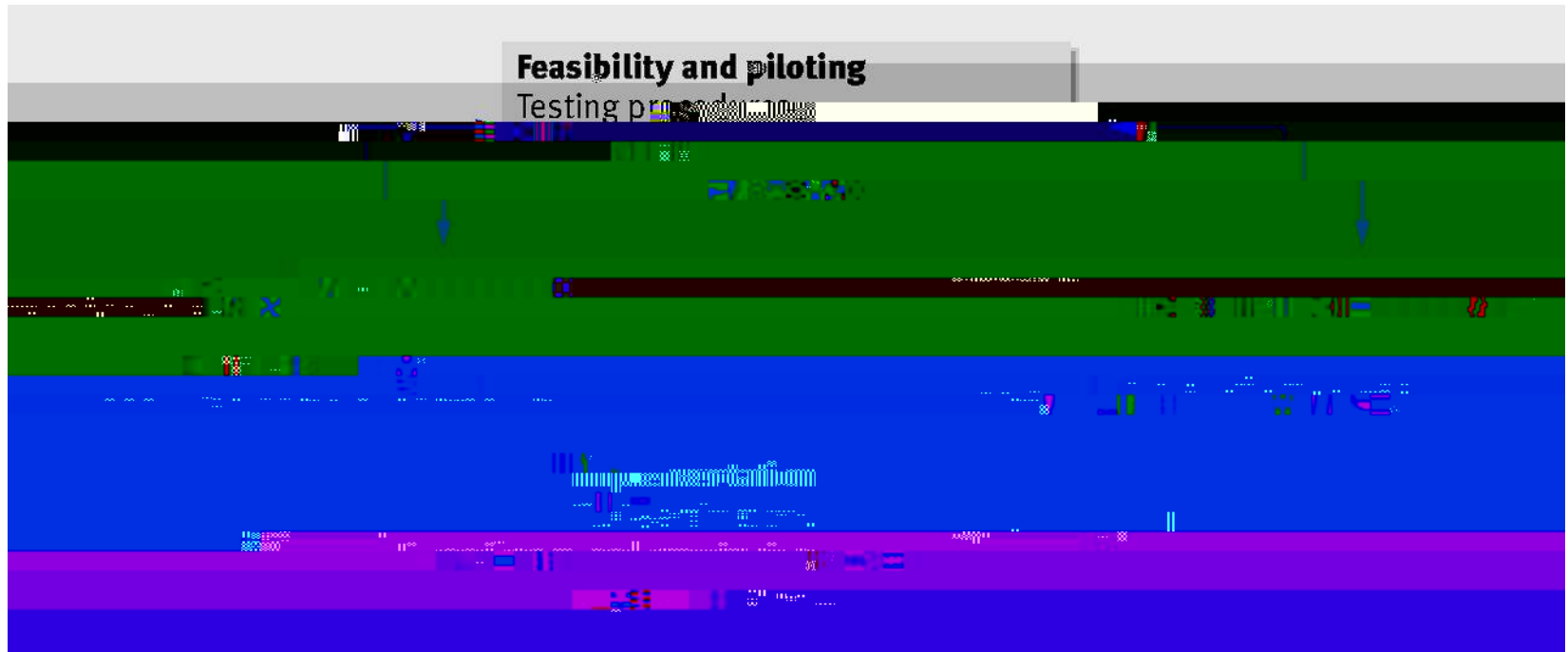
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Key elements of the MRC development and evaluation



Peter Craig et al. BMJ 2008;337:bmj.a1655



Development phase of MRC guidance

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Missing ingredients

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Enhanced development phase of MRC guidance (Bleijenberg et al, 2018)

Methods used in this programme of research

Identifying the evidence base (MRC)

Identifying or developing theory (MRC)

Modelling process and outcomes (MRC)





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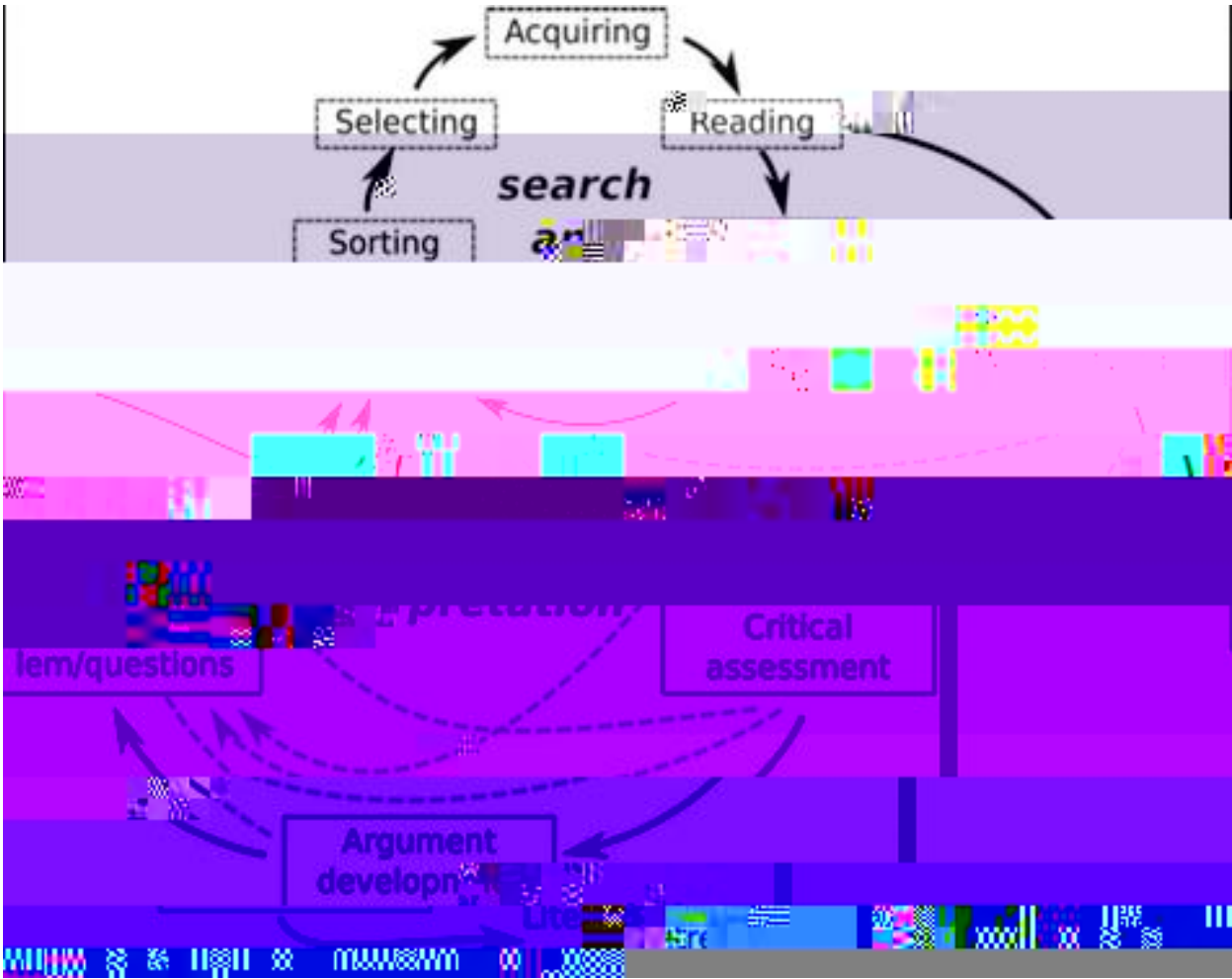
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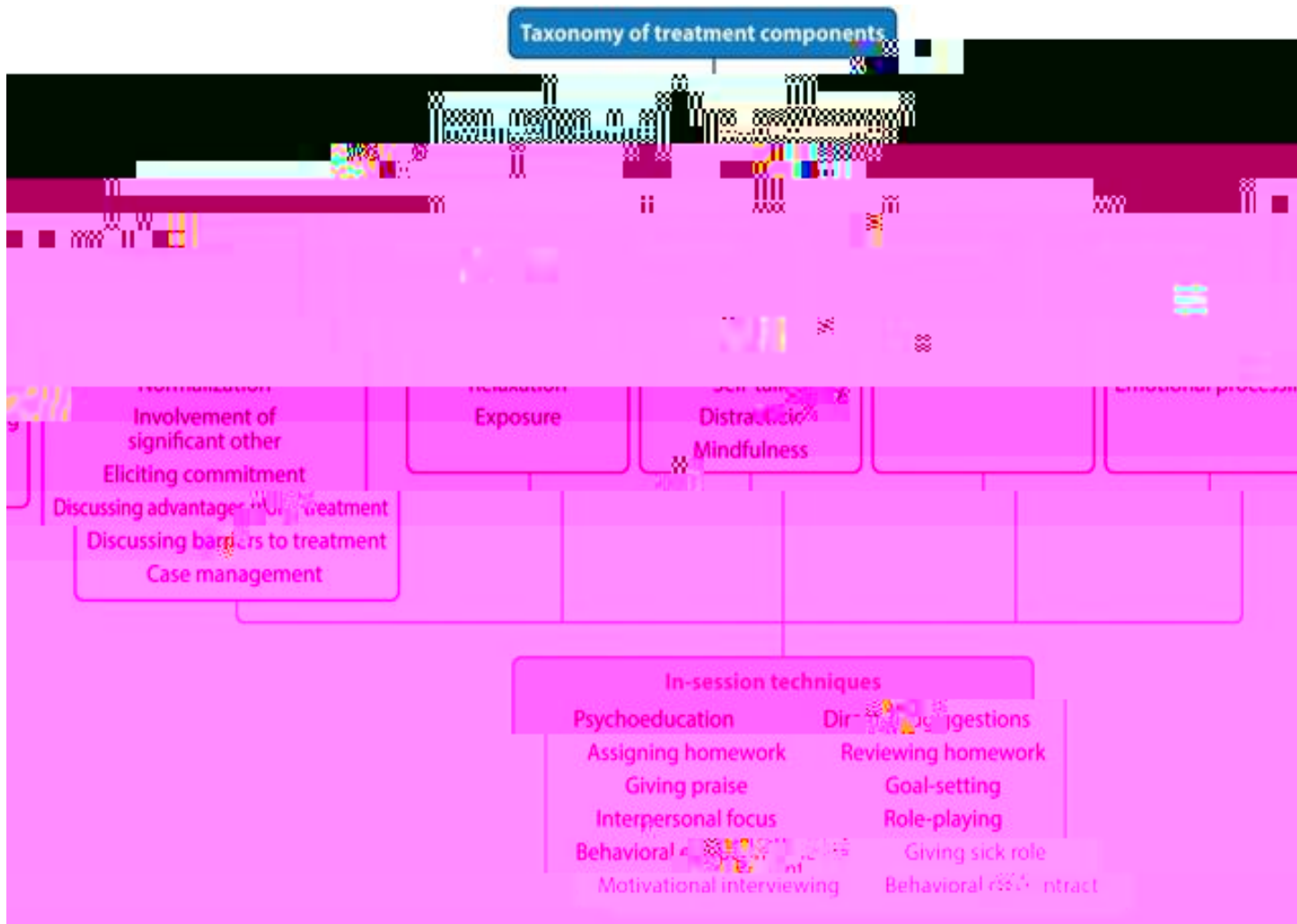
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PRISMA flow chart indicating selection of articles from literature review of effective interventions for mothers with mental health problems delivered by non-mental health specialists.





The taxonomy of treatment components of psychological treatments for common mental disorders delivered to adults in low- and middle-income countries (Singla et al, 2017).





BeHEMoTH criteria (Booth & Carroll, 2015) used to inform search of the literature

Behaviour of Interest	Interventions directed at the prevention, identification and management of perinatal mental health problems
Health context	Community or primary care
Exclusions	Statistical models
Models or Theories	Models, theories, frameworks, or concepts.



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Implement Sci. 8(1):

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BMC Cardiovascular Disorders. 17:

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<https://doi.org/10.1186/s12916-018->

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*Complex interventions in Health: An overview of
Research Methods.*

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