

The risk assessment process

Step 1

Step 2: Know what measures are already in place to control the risks

No	Standard	Descriptor	What it should look like
1	DEMANDS		
2	CONTROL		
3	SUPPORT		
4	RELATIONSHIPS		
5	ROLE		
6	CHANGE		





Step 3: Identify what further action is needed to control the risk



Step 4: Identify and agree responsibility

Appendix One: Work Related Stress Indicator Survey Questions

Notes:

- *The questions below are based on the six Management Standards and relate to the working conditions covered by each standard.*
- *Senior managers are employees and can be affected by stress, so include them in the survey. Survey all staff in all areas, don't make any assumptions about who may be under pressure*
- *For larger organisations, you may want to include additional 'demographic' questions. For example an NHS trust may want to see results from individual hospitals or the relative level of work-related stress in doctors or nursing staff, by asking questions about where people work and their job title, this can be achieved.*

Instructions:

“


