Royal College of Nursing

CLINICAL PROFESSIONAL RESOURCE

This ocument has been esigne to be use the a[illegible]ro[illegible]riate stan ar s / com[illegible]etenc assessment framework, for exam[illegible]le, for Englan , Northern Irelan , Scotlan or Wales.

This ocument shoul be use as evi ence for our own [illegible]ractice evelo[illegible]ment an can be use as[illegible]art of a[illegible]ersonal evelo[illegible]ment[illegible]lan or as[illegible]art of[illegible]rofessional bo revali ation.

Those working at level 7 will have obtaine the knowle ge an skills as outline in the [illegible]revious levels an this is a natural[illegible]rogression in their evelo[illegible]ment.

BACK TO CONTENTS

This aspect of care examines definitions of pain, its anatomy and physiology, psychological, emotional, spiritual and social aspects of pain.

k	kk
1. Demonstrates knowledge and comprehensive understanding of the patient's pain. Experience as evidenced by the successful completion of a postgraduate course in or relating to pain management including diagnosis, anatomy and physiology of pain. 2. Demonstrates leadership in the utilisation of a biopsychosocial/spiritual approach to pain management in practice. 3. Demonstrates the importance of person-centredness approaches in the recognition of the impact of pain on an individual's life.	4. Evaluates the potential adverse physiological effects of acute, persistent and cancer-related pain from the perspective of: cardiovascular and respiratory systems gastrointestinal and genitourinary systems metabolic and neuroendocrine systems neurological and central nervous system considers these in the context of wind-up phenomenon (hyperalgesia and allodynia). 5. Evaluates the potential psychological effects of acute and persistent pain and has an awareness of how to support individuals across the psychosocial/spiritual domains of pain. 6. Critically analyses and adapts approach to patients according to the characteristics of their pain when performing observations and assessments when planning and implementing treatment. 7. Discusses and escalates issues in relation to pain diagnosis, anatomy and physiology, and psychological distress with nursing staff, clinicians, managers and the wider health care arena. 8. Initiates appropriate referrals in response to abnormal findings and ensure that patients are followed up appropriately.

BACK TO CONTENTS

BACK TO CONTENTS

This omain escribes how the nursing team contribute to enabling atients to engage with self-management strategies for managing acute an chronic ain.

k	kk
1. Demonstrates ex ert knowle ge of how to use health behaviour change theories an strategies. 2. Demonstrates ex ert knowle ge of how to use atient's existing skills, co ing strategies an strengths. 3. Demonstrates ex ert knowle ge an erstan ing of the role an im ortance of atient-centre a roaches.	4. Ex ert in the use of es an

BACK TO CONTENTS

This omain ex lores how nurses contribute to the safe, timel an á ró riate use of harmacological thera ies.

k	kk
1. A vance knowle ge of the harmacokinetics an harmaco namics of me icines use in a wi e range of settings. 2. A vance knowle ge of how analgesia an me ication rescribing can im act mental ca acit . 3. Un erstan s the im ortance of a multimo al á roach to ain management an that harmacological strategies ma not be the most á ró riate tool. 4. Lea s on the evel ment of rotocols an gui elines for treatment of si e effects an com lications associate with harmacological strategies. 5. In- é th knowle ge of the roles of the regulator agencies involve in rug use, monitoring an licensing (for exam le the National Institute of Clinical Excellence, the Committee on Safet of Me icines, the Me icines an Healthcare ro ucts Regulator Agenc an local formularies committees).	6. Com letion of an in é en ent an su ole mentar rescribing course. 7. Devel s an teaches organisation-wi e on analgesic harmacological strategies. 8. Provi es ex ert a vice an su ort to atients, relatives, nurses an the wi er inter isc linar team on the use of analgesia as art of a wi er ain management lan. 9. Su orts atients an the wi er inter isc linar team with analgesic é rescribing through use of their ex ert knowle ge an a vance communication skills. 10. Acts as role mo el an exem lar for ioi stewar shi an safe rescribing ract

BACK TO CONTENTS

BACK TO CONTENTS