

Afternoon Session: How Do We Move Forward?

Chaired by Stephen Jones - *UK Professional Lead for Mental Health - Royal College of Nursing*

13.30	Introducing the Stress Management Standards	Ali Upton <i>Chair Royal College of Nursing UK Safety Reps Committee</i>
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13.40	Kindness, Trust, and Teams	Richard Williams <i>Presidential Lead for COVID-19, Emergency Preparedness, and Mental Health to the Royal College of Psychiatrists</i>
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13.50 Addresses

Caroline Rollings
Wellbeing Lead - National Association of Primary Care

Jonathan McClennan