

## **How to justify your attendance at a Conference**

Many budgets have been slashed, and NHS trusts and other healthcare providers are increasingly reducing or cutting training budgets to save costs. However, your continuing professional development is important for your practice and future career. Conferences, professional seminars and workshops are a great way to keep yourself and your CPD updated.

If you feel that the training you receive at a conference is worth the cost, then you'll probably need to justify it. Events can be

too far from home. You need to prove the time away from your workplace is both value for money and will directly improve the care you provide your patients.

## **Benefits of participating in the conference**

Here are some of the benefits of attending our events you may wish to flag with your employer:

By supporting your attendance your employer is positively demonstrating their commitment to your continuing professional development. At this conference you can accrue hours of participatory CPD.

Hear from eminent keynote speakers updating you on latest developments and best practice within nursing practice, making sure you stay updated on this fast paced area of care and are following the latest guidelines

Real life case studies will focus on service developments. Understand different models and how these can be used to enhance patient care and outcomes.

You can use this learning to produce written reflective pieces of learning for your portfolio of evidence for revalidation.

Use the day away from work to reflect on what you can do to improve your own practice and be prepared for the future.

Identify personal opportunities for lifelong learning.

Utilise opportunities to network with colleagues

Return to your workplace inspired, with fresh ideas and new learning to share with your wider team.

You will discover new techniques, procedures and best practice

**Attending the conference** Use the time at the event to network and make new connections, picking up tips and sharing best practice.

**Evaluate your time** spend some time during and after the event writing notes and consolidating what you have learnt.

**Update your CPD portfolio** All accredited courses or conferences will issue you with a certificate of attendance or completion. Make sure you transfer your reflections and

**Share best practice** Following the event, distribute the information amongst your team, act on it and follow up showing your employer where improvements have been made as a result of the event.

**Highlight areas for improvement** - This also allows you to highlight areas for im ma