

The landscape for bed-based intermediate care in Scotland.



Royal College
of Nursing
Scotland

Acknowledgements

RCN Scotland would like to acknowledge and thank the following people:

j`5`JW; YbhYZc`JWcZUM`Uf7B`GWbXzk\c`YXcbhYfyUFWUbX

Introduction

Interest is increasing in Scotland in intermediate care as a way to deliver better outcomes for people while reducing pressure on acute hospital beds. Intermediate care services can be used to help people return home without delay or stay at home where hospitalisation is not necessary.¹ There are already a number of different models of intermediate care operating in Scotland.

g[b]ÜWbhc`Ylc`d`Un]b`h`YXY`lj`Yfm

Bed-based intermediate care in Scotland

The Scottish Government's vision

NYFYbc GWhg WbW'

di V]g\YX]b GdhA Vf &S%⁺

Bed-based intermediate care

While intermediate care aims to keep people at home, there are times when a person's level of need means they require intermediate care in a setting other than home.

H\YWU`Yb[Yg]bW`XX X]ZU`lm

]bg ZU`bhWa a i b]Whcb`UbX[cU`

-221.1 (a)0137 (i)11-6(6 (e) (v)e)-16(r)t f.65.4 13.9(t) (e) t)-20.(t)n51418.16.4 (n)-8 (e)-10.1 8d)-18.9 (i)-4.2 (a)12.4 4t(t)-221.3 (

Delayed discharge of patients from hospital

Bed-based intermediate care and reducing delayed discharge

Delayed discharge is a significant problem for Scottish Government, integration authorities, health boards,²⁹ and for the general public. The Scottish Government has made clear that it sees intermediate care beds as a key part of the solution.

While there are examples of good practice, implementation is piecemeal and sometimes without clear agreement on the scope and purpose of the services.

While there are examples of good practice, implementation is piecemeal and sometimes without clear agreement on the scope and purpose of the services.

“Intermediate care should be focused on delivering the outcomes which meet people’s individual needs and preferences and only be used when it is clinically the best setting for the person’s care.”

“While there are examples of good practice, implementation is piecemeal and sometimes without clear agreement on the scope and purpose of the services.”

hUb Ū YmUfg'UZF'>=Hdi V]g\ YX

GWhUbXU'ci hñ Y]a d'Ya YbH]cb'cZ

F 7B GWhUbX\ Ug\ YUFXcZ]bgHbWg'

g'fj]Wg'H YgY]bW XY `]a]HXŪbWg'

a Ybññ Uññ YGWhg\ ; cj Yfba Ybñ

Financial limitations

=b UfYWhF 7B GWhUbXfYdcflñbi fgYg'

ZW]hYgZf]bhf a V]UWVFi gY'Gca Y

F7B GWhUbX\ Ug\ YFXWbWfbgZca`
gU_Yc`XfghUigca YB< GZW]hYgUFY

fYdcfza UbnB< G'UgMgfYei]fY

fYWFXXUg]g] b]UWbUbX\] \ f]g Đ

\cg]hUg'h YFYFY]b'GWhUbXzk]h`
X]ZFYbhU] i fYgdfcj]XXVmG8zhY
GWh]g\ 5ggVU]cb'cZ7ca a i b]m
<cg]hUg'UbXF7B GWhUbXgk YV

UWcgGWhUbX'

Gca YUFYUg'UFYa cghngfj]WXVniga U`

Yj YgUbX\YUh UbXgcVU WfYcZMUg

WdUWmte Xyj Ycd UhZf!di fdcgYVYXl

Medical cover for
intermediate care beds
Ch Yf' dfcVYa gZWXVmGWhUbXg

cZMF Zf YUW'gfj JW' gM''

Gj YFU' gU_Yc Xf'g\Uj YfYdcfhXlc'
F7B' GWhUbXWbWfb U'ci hh YUW'Y

A cgWbWfb]b] ždfYgg fY'cb[YbYFU'

\Uj]b] X]ZUW'm]b UffUb]]b] 'a YX]W'

gl] b]ÜWbhfc`YUg'h YgYb]cf W]b]W'

Variable contractual
processes

Gca Y]bM fU]cb U hcf]hYg\Uj Y
]Xb]ÜYXhU]b]b['cZ]bMfa YX]Uj

What needs to be
in place to deliver
intermediate care beds
in an integrated and
planned way?

i bXfU_Yb]b'GWhUbXfU]hW'U'f'm

]a d'Ya YbU]cb'cb'h Y[fci bX"A Ubrn

H\FY]gUgdWjWbYXZf'UbUjcbU'

=hki XUg VY\YdZ `Zf'< =Gz]b'

< =Gk cf_ lc Ya Vxh]g]b'dfUWjW"5'

]bhfa YX]UjWfYWi XWVWhf XÜbYX

GWhUbX]gWffYbhnh Ycb`nI ? bUjcb'

References

- 1 Joint Improvement Team. 2012. Maximising recovery, promoting independence: An intermediate care framework for Scotland. Edinburgh: Scottish Government
- 2 Integration Planning and Delivery Principles in Public Bodies (Joint Working) (Scotland) Act 2014
- 3 Morton et al. 2007, cited UK National Audit Office. 2016. Discharging older patients from hospital. London: National Audit Office. <https://www.nao.org.uk/wp-content/uploads/2015/12/Discharging-older-patients-from-hospital.pdf>
- 4 Information Services Division. 2016. Annual summary of occupied bed days and census figures - Figures up to March 2016. Edinburgh: National Services Scotland
- 5 Joint Improvement Team. 2012
- 6 Ibid
- 7 National Institute for Health and Care Excellence. 2017. Intermediate care including reablement (In development). London. <https://www.nice.org.uk/guidance/indevelopment/gid-scwave0709>
- 8 Joint Improvement Team. 2012
- 9 Nuffield Trust. 2017. Shifting the balance of care: Great expectations. London
- 10 Griffiths P, Edwards M, Forbes A, Harris R, Ritchie G. Effectiveness of intermediate care in nursing-led in-patient units. Cochrane Database of Systematic Reviews, 2007, Issue 2
- 11 Garåsen H, Windspoll R, and Johnsen R. 2007. Intermediate care at a community hospital as an alternative to prolonged general hospital care for elderly patients: a randomised controlled trial. BMC Public Health
- 12 Kåre Herfjord J, Heggstad T, Ersland H, and Hysten Ranhoff A. 2014. Intermediate care in nursing home after hospital admission: a randomized controlled trial with one year follow-up. BMC Res Notes
- 13 Hussenbux A, Morrissey D, Joseph C, and McClellan CM. 2015. Intermediate care pathways for musculoskeletal conditions – Are they working? A systematic review. Physiotherapy (United Kingdom). Vol 101, no 1
- 14 Edwards N. 2017. Briefing: What's behind delayed transfers of care? London: Nuffield Trust
- 15 Griffiths et al. 2007
- 16 Nuffield Trust. 2017.
- 17 Rout et al. 2011. A literature review of interprofessional working and intermediate care in the UK. Journal of Clinical Nursing. Vol 20, no 5-6
- 18 Ariss et al. 2015. Secondary analysis and literature review of community rehabilitation and intermediate care: an information resource. Health Services and Delivery Research, 2015, January
- 19 NHS Benchmarking Network. 2015. National Audit of Intermediate Care. London: NHS England
- 20 Healthcare Improvement Scotland: <http://ihub.scot/a-z-programmes/lwic-intermediate-care-and-reablement/>
- 21 Scottish Government. Media release: 1 Apr 2015. Health and social care integration takes step forward
- 22 Shona Robison. Scottish Parliament, Official Report. 14 January 2015
- 23 Shona Robison. Scottish Parliament, Health and Sport Cnrt C ds30 (l)-30.1 (li)7.9 (a)26.9 (l)1 (l c)-30.5 (a)-23.9 (r)-26.4 (e)-23.8 Tc -0.0 (t C)-27 Sp1 f23 f23

