



Period Poverty :



**Appendix 1 Draft e mail**

Collecting donations of sanitary products on ..... at  
.....

Dear Colleagues,

Can you imagine not being able to afford or access sanitary products to help manage your period? Period poverty is the lack of access to sanitary products due to financial constraints, this can be caused by a wide range of life events that negatively impact on a girl or woman's ability to access sanitary products to manage a most intimate and regular occurrence in her life.

**We are collecting donations of sanitary products on**