

What is trauma?

Events or circumstances experienced by an individual as physically or emotionally harmful, or life-threatening, which result on

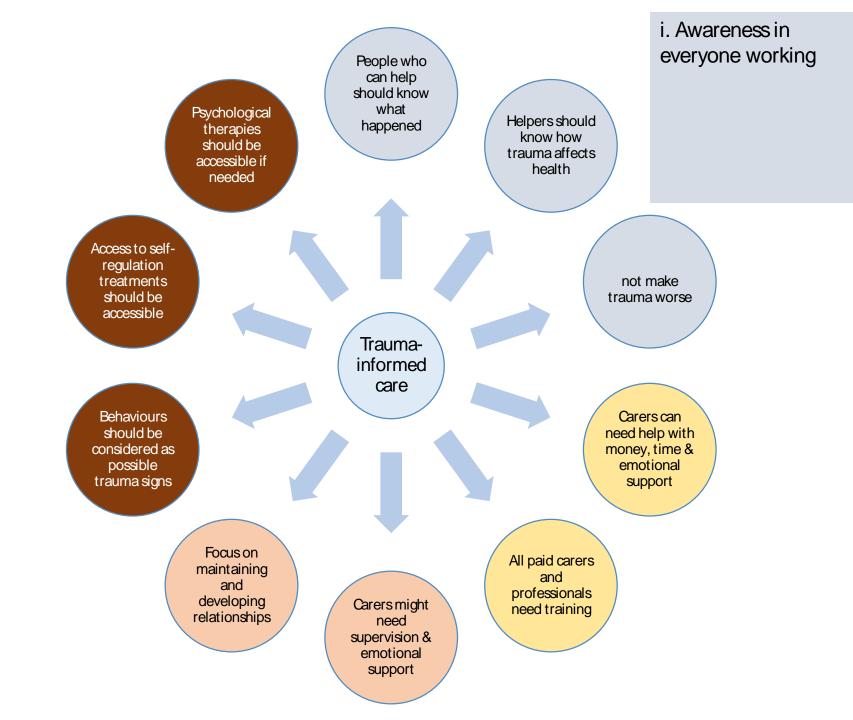
functioning and well being.

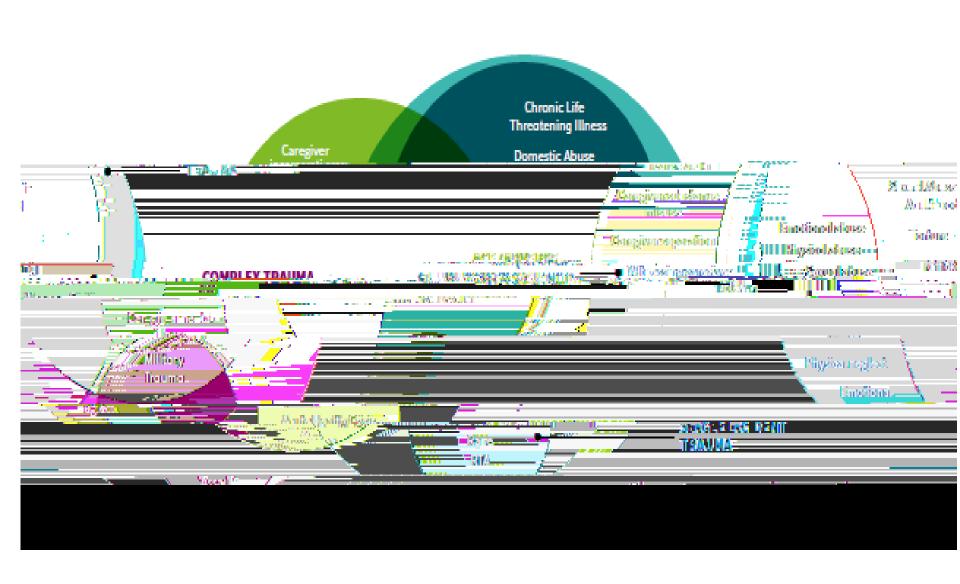
ACEs are strong risk factors for negative physical and mental health outcomes and the more ACEs one has, the higher the risk.

Top 10 Tips: Trauma Informed Approaches for people with a learning disability



A poster for families, professionals PBDBrofesBironfaBSterrialDsF1404Tf100121703BBTm0g0G(Proff)(es)(3)(ena)(5)(e)(6a)(5)728c)(6a)(5)728c)





Taken from: THE SCOTTISH PSYCHOLOGICAL TRAUMA TRAINING PLAN - NHS Education for Scotland 2019

4