

Improving mentorship p8 Mental health nursing p12 Breaking bad news p15 100 years of the RCN p16

Nursing and Midwifery opportunities in Central Manchester and Trafford





OUR VALUES: PRIDE • RESPECT • EMPATHY • CONSIDERATION • COMPASSION • DIGNITY

Central Manchester University Hospitals NHS





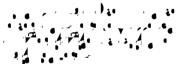


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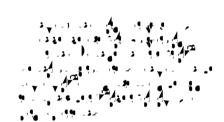
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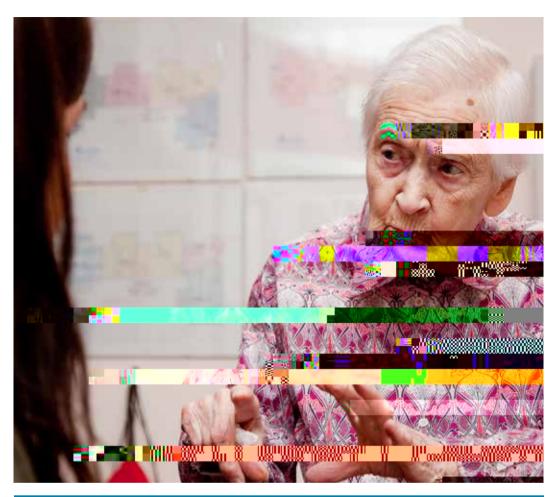
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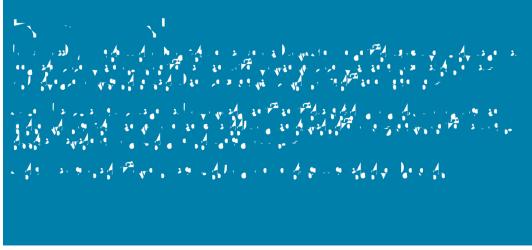
Student nurse Kristian Keyte jumped into action to save the life of a woman having a heart attack late last year



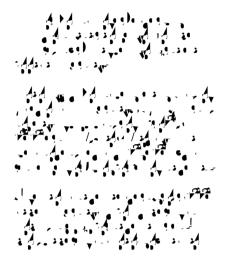




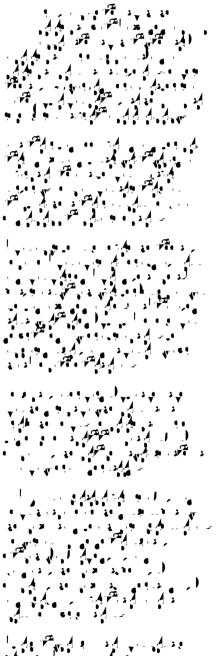




Newly qualified nurse Louisa Power explains how she set up a resilience workshop for fellow students while at university



Breaking bad news is never easy. Leanne Mahoney's first experience of it came two years into her training









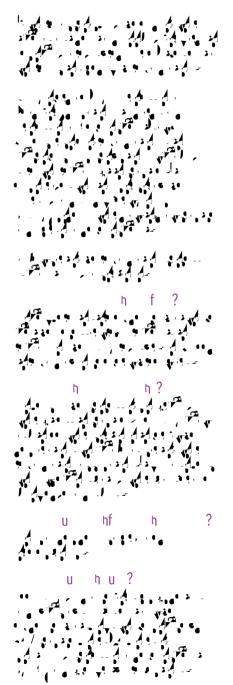


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To prove your continued ability to practise safely after you qualify you'll need to maintain a portfolio. Here's how



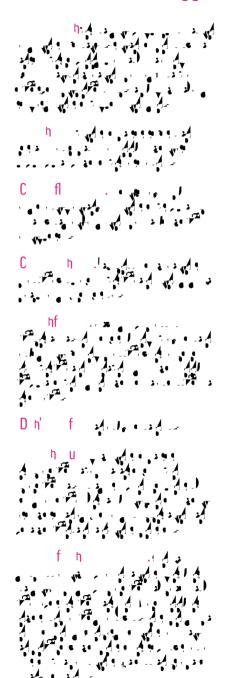


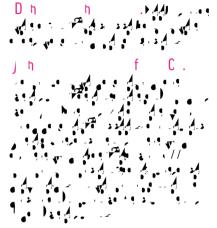






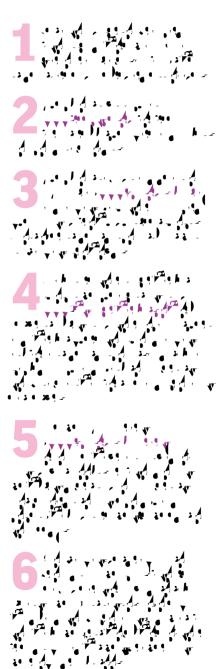
The demands of your degree can feel overwhelming. Senior RCN O cer Sue Huggins gives her top tips for study success







Students suggest simple ways to cut back as part of revised money saving guidance from the RCN







Starting out as a registered nurse might not involve a role in the NHS. Follow these tips to secure the right terms and conditions





Sylvia Duval (Committee Chair)



